

## **Conference Objectives:**

Upon completing the conference, participants will be able to

- 1) Identify special risks when treating geriatric patients with behavioral medications.
- 2) Identify common childhood disorders resulting from psychotropic medications.
- 3) Evaluate the benefits of newer behavioral medications compared to similar, older medications.
- 4) Empower an uninsured TN patient to access 12 months of coverage for \$45.
- 5) Define and explain inter-professional care in terms of integrative medicine.
- 6) Describe the ethical tension between a patient's freedom and restraining a patient for his safety or staff safety.

## **Continuing Education:**

**LPCs:** TLCPA is an NBCC-Approved Continuing Education Provider and a co-sponsor of this program. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLCPA maintains responsibility for the content of this event.

**Nursing:** The University of Tennessee at Martin has approved this program for .6 Continuing Education Units (CEUs). CEUs are awarded at the rate of one CEU for every ten hours of instruction. Upon completion of the program, you will have a permanent record on file with UT Martin's Academic Records Office for this training and you will be issued a Certificate of Completion from the University of Tennessee at Martin. To obtain a copy of your non-degree transcript, please see the instructions at the following website:

[www.utm.edu/departments/registrar/transcripts.php](http://www.utm.edu/departments/registrar/transcripts.php)

**Psychologists:** Tennessee Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. TPA maintains responsibility for the program. Attendees must attend the entire to receive credit; partial credit cannot be given.

**Social Workers:** This seminar has been approved by the National Association of Social Workers- TN Chapter for 6.0 hours of continuing education units.

Mental Health Association of Middle Tennessee  
295 Plus Park Blvd, Suite 201  
Nashville, TN 37217  
[www.ichope.com](http://www.ichope.com)



# MENTAL HEALTH AMERICAN OF MIDDLE TN MEDICATION UPDATE



- ◆ Geriatric Medications
  - ◆ Treating Children
- ◆ Discount Rx Programs
- ◆ Seclusion & Restraints

**January 10, 2012**

293 Plus Park Blvd  
Nashville, TN 37217

**\$140 Registration Includes  
6 CEUs and Lunch**  
(including 1 hr of ethics)  
phone: (615) 269-5355

# THERE IS NO MEDICINE LIKE HOPE

She's over 70 with possible dementia. He's under age 10 with behavioral problems at school. The docs and drug reps say this medicine is the best, but now you hear that yoga, acupuncture, and integrated meds are viable alternatives. What should you do?



This seminar for counselors, nurses, psychologists, and social workers examines medications for various populations, medication discount programs, and the risks and benefits of the new psych meds. This seminar is comparable to reading the label first!

### General Outline (6 hours of coursework):

- 8:00am Registration
- 8:30-9:30 Geriatric Medications
- 9:30-10:30 Treating Children
- 10:45-11:45 Newly Approved Behavioral Meds
- 11:45-1:00 Lunch
- 1:00-2:00 Patient Assistance Programs
- 2:15-3:15 Mental Health & Integrated Medicine
- 3:15-4:15 Ethics: Seclusion & Restraint
- 4:15-4:30 Evaluation and Adjournment

### Lunch catered by Bacon & Caviar of Nashville

Registration and Cancellation: Registration includes seminar and lunch. A substitute may attend in your place, as there is no refund 48 hours prior to the event. Although it has never occurred, MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case you will be contacted and a full refund will be granted.

## FACULTY AT A GLANCE

**Roy Elam, MD**, is an Associate Professor of Internal Medicine at Vanderbilt and Medical Director of the VU Center for Integrative Health. He has over 10 years of experience in mind-body medicine in Nashville.

**Chip Hart, MD**, is the Medical Director at Rolling Hills Psychiatric Hospital in Franklin, TN. He has over 24 years of practice in adult and geriatric psychopharmacology. Areas of interest include the pharmacotherapy of depression, panic disorder, and schizophrenia.

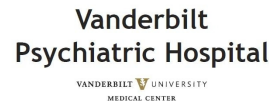
**Katie L. Holliday, Pharm.D., BCPP**, received her PharmD from Auburn and has served four years as a clinical pharmacist specializing in psychiatry at Parthenon Pavilion. She is an affiliated assistant professor for the UT Health Science Center of Pharmacy.

**Bill Petrie, MD**, is the Director of Geriatric Psychiatry Outpatient Program and a Professor of Clinical Psychiatry at Vanderbilt University. He is well-published in the areas of geriatrics and Alzheimer's disease, and he serves on the board of the Mental Health Association of Middle TN.

**Karen Rhea, MD, FAPA, FAAP**, is the Medical Director of Centerstone Community Mental Health Center and a Clinical Associate Professor of Psychiatry at Vanderbilt. She is currently the Secretary/Treasurer for the TN Society for Child and Adolescent Psychiatry.

**Mr. Dan Simpson** is a graduate of Clearwater Christian College and currently serves as the Chief Development Officer for the Dispensary of Hope, a not-for-profit social venture that provides innovative pharmaceutical access strategies through a national network of community access sites.

### OUR VALUED SPONSORS:



### Medication Update

January 10, 2012

(Please Print — One Registration for Each Participant)

Name: \_\_\_\_\_  
 Facility: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_  
 E-mail address: \_\_\_\_\_

#### Registration Fee:

Before 12/29 = \$140

After 12/29: Add \$20 late fee

Amount Enclosed: \$ \_\_\_\_\_

For Nursing Credit & Certificate, please include Date of Birth: \_\_\_\_\_

#### Registration includes CEUs and Lunch

Payment Method:  Check  Visa  MasterCard  AMEX  
 Card #: \_\_\_\_\_ Exp. Date \_\_\_\_\_ CW Code: \_\_\_\_\_

#### Mail registration with payment to:

Mental Health Association of Middle TN  
 295 Plus Park Blvd, Suite 201  
 Nashville, TN 37217  
 P 615-269-5355 F 615-269-5413

**Target Audience:** .6 CEUs for nursing through U.T. Martin; 6 CEUs for LPCs, Psychologists & Social Workers.

**Conference Location:** Mental Health Association Conference Center at 293 Plus Park Blvd, Suit 201, Nashville, 37217.