

Conference Objectives:

Upon completion, participants will be able to

- 1) Describe the strengths and weaknesses associated with your prominent personality and learning style.
- 2) List 3 local resources that can help caregivers.
- 3) List 3 types of dementias and how they differ.
- 4) Demonstrate how to ask someone if they're considering suicide.
- 5) Identify the symptoms of depression in the elderly.

Continuing Education:

LPCs: TLCPA is an NBCC-Approved Continuing Education Provider and a co-sponsor of this program. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLPCA maintains responsibility for the content of this event.

Social Workers: This seminar has been approved by the National Association of Social Workers- TN Chapter for 6.0 hours of continuing education units. The course has been submitted to NASW-KY, and pre-approval is pending; but NASW-TN has approved it.

ACLF/RHA Administrators: This educational offering has been approved for 6.5 hours of continuing education credit for ACLF/RHA administrator.

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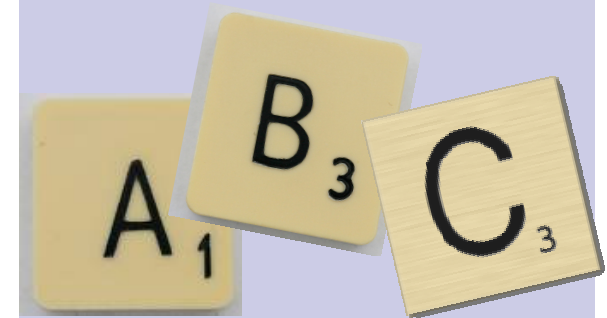
**Mental Health
ASSOCIATION
OF MIDDLE TENNESSEE**

Walking Horse Meadows
FIVE STAR SENIOR LIVING, INC.

Mental Health Association of Middle Tennessee
295 Plus Park Blvd, Suite 201
Nashville, TN 37217
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AGING, BEHAVIORS & CAREGIVING



- ◆ Alzheimer's Caregiving
- ◆ Ethics
- ◆ Suicide Prevention

**September 13, 2011
Clarksville, TN**

\$60 Registration Includes
6 CEUs and Lunch
FREE for family caregivers
phone: (615) 269-5355

Brought to you by . . .

**Behavioral Healthcare Center
of Clarksville**
**Mental Health Association
of Middle Tennessee**
**Walking Horse Meadows
Assisted Living**

SOLUTIONS TO AGING PROBLEMS

Information, answers, and support are available from your local professionals at this timely gathering in Clarksville, TN. This seminar is FREE to family care-



givers and timely for professionals who need continuing education on pressing, aging issues. You will have a chance to network with other families, multi-discipline professionals, and local resources.

Learn about respite options, normal aging, where to find help, how to combat isolation, Alzheimer's care, and more. Your attendance could even save a life by learning the warning signs of suicide, which has the highest rate among senior citizens. Don't choose permanent solutions for temporary problems. Instead, stop now and complete the registration by calling (615) 269-5355, as space is limited.

General Outline (6 hours of coursework):

8:00am	Registration
8:30-9:30	Personalities and Decision Making
9:30-10:30	Caregiving & Community Services
10:45-11:45	Facts about Alzheimer's and Other Dementias
11:45-1:00	Lunch
1:00-2:00	Crossroads of Dementia and Depression
2:15-4:15	QPR Suicide Prevention
4:15-4:30	Evaluation and Adjournment

Registration and Cancellation: Registration includes seminar and lunch. A substitute may attend in your place, as there is no refund 48 hours prior to the event. Although it has never occurred, MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case you will be contacted and a full refund will be granted.

FACULTY AT A GLANCE

Cindy Johnson is the Community Education Director for Behavioral Healthcare Center of Clarksville, and she is a survivor of suicide and a trainer in Question, Persuade, Refer, which is a popular suicide prevention program. Ms. Johnson has over 20 years of experience with senior citizens.

Constance Johnson, MD, is a neurologist with the Headache Care Center in Clarksville. She received her training from John Hopkins and is and has been a clinical faculty member with Vanderbilt.

Michael McGhee, MD, has a long history with the traumatic brain injury clinic at Ft. Campbell and meeting the medical needs of soldiers. He is a licensed minister and is the Medical Director at Behavioral Healthcare Center in Clarksville.

Nancy Pertl, BSW, is the Coordinator of Aging Services at the Mental Health Association of Middle Tennessee. She often leads Alzheimer's caregiving courses, and she is familiar with many free, helpful resources available to families.

Tom Starling, EdD, MDiv, has served as a minister, college professor, and CEO of the Alzheimer's Assn. He is currently the CEO of the Mental Health Assn of Middle Tennessee, which has an aging program and is home to the TN Suicide Prevention Network.

Directions to RiverView Inn: From Nashville, take I-24 West. Take exit 11 and **turn left** onto TN-76 toward Clarksville. Go 3.3 miles and right at Madison St/TN-112/US41. Go 5 miles, and **turn left** at College St/TN-48/US-41A. **Turn left** at Public Square, and the RiverView Inn is on your right at 50 College St.

Aging, Behaviors, and Caregiving

September 13, 2011 at RiverView Inn in Clarksville, TN

PLEASE PRINT: One Registration Required Per Conference Participant

Name: _____
 Facility/Business: _____
 Address: _____
 City: (____) _____ State: _____ Zip: _____
 Phone: (____) _____ Email: _____
 Your Profession (i.e., LCSW, Attorney, RN, etc): _____

Registration fee:

_____ \$60 before 9/1/11 (add \$20 after Sept. 1st)
 _____ \$80 if registering after 9/1/11

_____ FREE for family caregivers (no CEU certificate)

Amount Enclosed: \$ _____

Mail registration with payment to:

Mental Health Association of Middle TN
 295 Plus Park Blvd, Suite 201
 Nashville, TN 37217
 P 615-269-5355 F 615-269-5413

Registration includes CEUs and Lunch

Payment Method: Check Visa MasterCard AMEX
 Card #: _____ Exp. Date _____

Pre-approved 6.0 CEUs for LPCs (TLCPA), Social Workers (NASW-TN), and ACLF/RHA Administrators.
 Approval is pending from NASW-KY.

Conference Location: RiverView Inn, 50 College St, Clarksville, TN 37040. 931-552-3331