

### **Conference Objectives:**

Upon completing the conference, participants will be able to

- 1) Effectively compare and distinguish mild TBI from PTSD
- 2) List symptoms associated with TBI, concussions, and spinal injuries
- 3) Develop a strategy to effectively deliver “bad news” to individuals and family members
- 4) Predict and describe the impact that “stigma” has on persons with brain-related disorders or illnesses.

### **Continuing Education:**

Long-Term Care Administrators: Application for continuing education has been submitted to NAB/NCERS. Determination of credit is pending.

Physical Therapists: The Tennessee Physical Therapy Association has approved this program for 6.0 hours of continuing education.

Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Psychologists: Tennessee Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. TPA maintains responsibility for the program. Attendees must attend the entire to receive credit; partial credit cannot be given.

Social Workers: Application for continuing education has been submitted to the Tennessee Chapter of NASW. Determination of credit is pending.

### **Acknowledgements:**

The Mental Health Assn of Middle TN gratefully acknowledges the Tennessee Department of Health's Traumatic Brain Injury Program, which made this seminar possible. We acknowledge Operation Soccer Ball for the photo used on this brochure. Special thanks to all our speakers and to our sponsors: Vanderbilt Psychiatric Hospital, HCA Parthenon Pavilion, NAMI, Tennessee Psychological Association, and Pathways Behavioral Health.

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## MENTAL HEALTH ASSOCIATION OF MIDDLE TN

# SOLDIERS, SPORTS, AND STIGMA



## A BRAIN INJURY UPDATE

NASHVILLE      JACKSON  
APRIL 29          APRIL 30

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hour of ethics and lunch

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# TRAUMATIC BRAIN INJURY

Of the 1.4 million who sustain a TBI each year, 50,000 die, 235,000 are hospitalized, and 1.1 million are treated



and released at emergency rooms. Could you distinguish mild TBI from PTSD symptoms? What are the symptoms of concussions, and how can they be prevented through proper game management. The purpose of this seminar is to increase provider knowledge about assessments, symptoms, and resources for brain injury survivors; and an hour of ethics will help providers in the areas of decision-making and communication when a poor prognosis must be shared.

## **General Outline (6 hours of coursework):**

8:00am Registration  
8:30-10:00 Soldiers, TBI, and PTSD  
10:15-11:45 Sports-Related Brain Injuries  
11:45-1:00 Lunch  
1:00-1:30 Head Injuries: Prevention Strategies  
1:30-2:30 Difficult Decision: Return to Play, Withdrawal of Care  
2:45-4:15 TBI: Society, Support, and Stigma  
4:15-4:30 Q&A, Evaluations, Adjournment

**Registration Fee:** \$125 (if submitted by 4/20)

Registration and Cancellation: Registration includes seminar and lunch. A substitute may attend in your place, as there is no refund 48 hours prior to the event. Although it has never occurred, MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case you will be contacted and a full refund will be granted.

## FACULTY AT A GLANCE

**Michael H. McGhee, MD**, (Jackson site) is the chief of neuropsychological services at Blanchfield Army Hospital in Fort Campbell, where he had also served as Chief of the Behavioral Health Dept. He is the regional consultant for TBI in the Southeast Medical Command.

**Laura Mills, CBIS**, (Jackson site) is a certified brain injury specialist and serves as the TBI Association's Program Specialist for West Tennessee. She develops comprehensive plans of care for people with TBI and is an expert on West TN resources.

**Allen Sills, MD**, is the Director of Neurosurgery Community Practice and an Associate Professor at Vanderbilt University Medical Center. He is a triathlete, a graduate of John Hopkins School of Medicine, and regularly voted as a top neurosurgeon in Tennessee.

**Gary Solomon, PhD**, is a clinical neuropsychologist with Baptist Sports Medicine in Nashville, who has over 25 years of expertise with sports and neuropsychology. He is the team neuropsychologist for the Nashville Predators and consulting neuropsychologist for the Tennessee Titans.

**David Twillie, MD**, (Nashville site) obtained his MD from John Hopkins School of Medicine and now serves as Program Director for the TBI Center at Fort Campbell, home of the 101st Air Assault Division. He served as a PCP in the military for 15 years, including combat arenas of Saudi Arabia, Kosovo, Korea, and Iraq.

**Angela Webster, CBIS**, (Nashville site only) is a certified brain injury specialist and has served as the Brain Injury Program Service Coordinator for the Brain Injury Association in Nashville. She has worked with hundreds of individuals and families impacted by TBI.

### Traumatic Brain Injuries: Soldiers, Sports, and Stigma

April 29, 2010 in Nashville, TN April 30, 2010 in Jackson, TN

(Please Print — One Registration Required for Each Participant)

Name: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

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E-mail address: \_\_\_\_\_

Profession/Degree (MD, PhD, RN, etc.): \_\_\_\_\_

**I'm attending the seminar in**

\_\_\_\_\_ Nashville on 4/29 at the Mental Health Assn Conference Center 295 Plus Park Blvd 615-269-5355

\_\_\_\_\_ Jackson on 4/30 at the Highland Park Conference Center 617 West Forest Ave 731-541-6751

Registration prior to April 20: \$125 Registration after April 20: \$150

**Target Audience:** MDs, psychologists, social workers, long-term care administrators, and physical therapists.